

Study program: PSYCHOLOGY			
Level of studies: Master studies			
Course: Psychology of interpersonal relationships (MP107)			
Teachers: Jovana Trbojević Jocić			
Type of subject: elective			
ECTS: 6			
Prerequisites: /			
Course objectives			
<p>Acquainting students with modern concepts and studies of interpersonal relationships, integration of previous knowledge of interpersonal relationships from different branches of psychology. Defining the mechanisms of formation, maintenance and termination of interpersonal relationships; characteristics and determinants of the quality of interpersonal relationships; typologies of interpersonal relationships. Development of sensitivity for specific problems of interpersonal relationships, and critical perception of the positive/negative influence of interpersonal relationships on the individual's psychological well-being and development. Acquiring practical skills and interventions for working with individuals, dyads and groups to improve the quality of relationships.</p>			
Learning outcomes			
<p>Students are able to define, recognize and analyse different interpersonal relationships from the point of view of different theories of interpersonal relationships; integrate previously acquired knowledge of interpersonal relationships from various psychological disciplines; examine the connection between the quality of interpersonal relationships and mental health, individual development and functioning of the individual in society; plan and conduct scientific research in the field of interpersonal relationships. They have insights into the mechanisms of formation, maintenance, and termination of interpersonal relationships, as well as practical skills in the form of interventions to improve various interpersonal relationships in diverse social segments.</p>			
Course unit contents			
<i>Lectures</i>			
<p>An introduction to a brief history of interpersonal research. Definition and typology of interpersonal relationships. Theories of interpersonal relationships (Theory of social exchange, Theory of affective attachment, Theory of self-determination). Development of interpersonal relationships. Characteristics and key processes of interpersonal relationships (attraction, interdependence, communication, intimacy, dominance, and power). Gender and age differences in interpersonal relationships. Determinants of quality of interpersonal relationships. The importance of interpersonal relationships in individual development and the development of society. Problems in interpersonal relationships (conflicts – work and personal relationships, dynamics of leader and the follower, violence, divorce). Interpersonal relationships in modern society (influence and importance of the Internet, social and cultural climate, atypical relationships...). Counselling and psychotherapeutic interventions at work: individual, dyadic and group approaches to improving interpersonal relationships (at work, at school, with the client).</p>			
<i>Practice</i>			
<p>Students can choose a topic (personal relationships, work relationships, relationships in context of the school etc.), which they present through the analysis of scientific articles and case studies. Discussions and debates will be held on selected topics from the field of interpersonal relationships, designing a research plan, conducting a case study with a couple, or within an organization with people of different jobs and positions.</p>			
References			
<ol style="list-style-type: none"> 1. Miller, R.S. (2015). <i>Intimate Relationships</i> (7th ed.). New York: McGraw-Hill. 2. Knapp, M.L., Vangelisti, A.L., Caughlin, J.P. (2013). <i>Interpersonal Communication & Human Relationships</i>. London: Pearson. 3. Jackson-Dwyer, D. (2013). <i>Interpersonal Relationships</i>. London & New York: Routledge. 4. Zandvliet, D., den Brok, P., Mainhard T., van Tartwijk, J. (2014). <i>Interpersonal Relationships in Education: From Theory to Practice</i>. New York, London: Springer. 5. Weinstein, N. (ed) (2014). <i>Human Motivation and Interpersonal Relationships – Theory, Research, and Applications</i>. New York, London: Springer. 6. Agnew, C., South, S. (2014). <i>Interpersonal relationships and health: social and clinical psychological mechanisms</i>. USA: Oxford University Press. 7. Erber R., Gilmour R (2010). <i>Theoretical frameworks for personal relationships</i>. New York, London: Psychology press. 			
Number of active teaching hours			
Lectures: 2	Practice: 2	Other forms of classes: 0	Other classes: 0
Teaching methods			

Lectures, discussions, group and individual activities, seminars/essays.

Examination methods (maximum 100 points)

Exam prerequisites	No. of points:	Final exam	No. of points:
Practice tasks	10	Written exam	50
Colloquium	15	Oral exam	-
Seminar/essay	25		